



Caregiver Workshops!

Starting on

Wednesday, January 11 2023, 9-11 am

or

Thursday, January 12 2023, 6-8 pm

For caregivers of children ages 2-5

- **Be more consistent with your caregiving strategies**
- **Gain confidence as a parent/caregiver**
- **Earn up to \$80 in gift certificates for attending**

The purpose of the Chicago Parent Program is to help parents and caregivers be the best they can be and, in the process, promote healthy development in their children.

We do this by helping caregivers:

- clarify what they truly value as a parent/caregiver.
- identify the behaviors they want to reinforce in their children.
- use a range of strategies to reinforce those behaviors and advance their childrearing goals!

FREE for caregivers of children ages 2-5!

- In English
- One day a week for 12 weeks
- Meet other parents & caregivers raising young children
- In person and virtual meeting options available

To RSVP or learn more, contact Lenita:

708-434-2560 ext. 1

ledgeworth@eastersealschicago.org

**Wednesday, January 11,
2023 to Wednesday, March
22, 2023 from 9-11 on
zoom**

Scan to register!



**Thursday, January 12,
2023 to Thursday, March
23, 2023 from 6-8, hybrid
(in person and virtual
options)**

Scan to register!



**Collaboration for
Early Childhood**



Partnering with Parents

The Chicago Parent Program



Parenting workshops are the result of a partnership between Easterseals, community partners and the Collaboration for Early Childhood. Sessions are delivered by trained group leaders from Easterseals and community partners. Workshops represent an effort to give parents and caregivers the skills and tools to help them be their child's first and most important teacher.